Pre + Post Care for Facial Treatments



### Hey, Welcome

Facial treatments can be an essential part of a healthy skincare routine, helping to improve skin tone, texture, and overall appearance. To get the most out of your facial treatments, it's important to understand what steps you should take both before and after your appointment.

In this guide, we'll walk the things you need to know about pre and post-facial treatment care.

Gerna X

### Pre Treatment

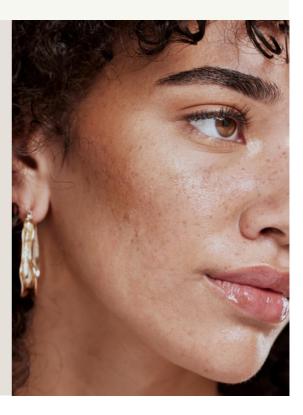


### 7 DAYS PRIOR TO THE TREATMENT:

- Avoid the use of prescription retinoids
- Avoid the use of over the counter retinoids, topical acne products, hydroquinone, and brightening products
- Avoid waxing, tweezing, or any hair removal products

### 14 DAYS PRIOR TO THE TREATMENT:

- Do not schedule laser or cosmetic procedures
- Inform your Esthetician of any prior cold sores, fever blisters, or HSV-1
- Consult with a physician if pregnant or breastfeeding
- Avoid excessive sun and wind exposure



## Post Treatment

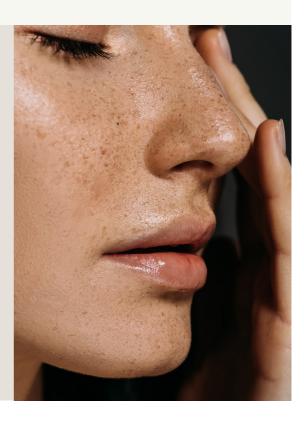


### DIRECTLY AFTER TREATMENT:

- Change pillowcases and clean makeup brushes
- Avoid sweating for 24 hours
- Avoid makeup applications
- Avoid direct sun exposure
- Avoid swimming pools
- Apply recommended SPF daily
- Diligently follow the home care regimen provided by your Esthetician

### FOR 7 DAYS AFTER TREATMENT:

- Only use gentle cleaners and moisturizers
- Discontinue facial scrubs, retinoids, and strong AHA serums
- Avoid waxing, tweezing, or any hair removal products





# Ready To Get Started?

BOOK AN APPOINTEMNT

daeglostudio.com